

Patient Discharge Instructions on Vaccination

INFLUENZA (FLU) SHOT

- Yearly FLU shot is recommended and the best time to get is in October or November.
- However, because the FLU season usually peaks anywhere from January through March, getting the vaccine in December, or even later, can still be beneficial.
- It is normal for the arm to be sore or a slight amount of redness to be present at the sight.
- Fever usually low grade or aches can occur following the shot but usually last 1-2 days.
- If you should have more severe reaction such as high fever, difficulty breathing or any serious allergic reaction, contact your doctor or call 911 immediately whichever is faster.

HEPATITIS B VACCINE

- Note that there is another type of hepatitis vaccine besides Hepatitis B shot, but what you received today protects you against Hepatitis B only.
- To get adequate protection against Hepatitis B, it is strongly recommended that you get the 3 doses of the vaccine – the second dose of the vaccine must be given 1 month after the first dose while the third dose should be given 6 months after the first dose.
- If you should have any reaction from the shot, contact a doctor immediately or call 911 for severe reactions.

PNEUMOCOCCAL VACCINE (PNEUMONIA SHOT)

- The Pneumococcal vaccine protects against 23 types of Pneumococcal bacteria.
- Most health adults who get the vaccine develop protection to most or all of these types within 2 to 3 weeks of getting the shot.
- Very old people, children under 2 years of age, and people with some long-term illnesses might not respond as well or at all.
- Usually one dose of the vaccine is all that is required in a lifetime, however under some circumstances a second dose may be given. Check with your doctor to find out if you need a booster pneumonia shot.
- You may experience a fever, muscle aches or severe reaction.
- If you should have severe reaction or allergic reaction to the shot, contact your doctor or call 911.

TETANUS SHOT

- If you received a tetanus toxoid today, make a note of the date.
- The shot protects you against tetanus. However, if you received tetanus and diphtheria toxoid combination, the protection will also include against diphtheria – a throat and airway infection.
- If you have previously completed your tetanus immunization series, your next booster dose after today's dose is every 10 years. If you did not complete your primary immunization series against Tetanus, discuss with our physician or your primary doctor on how to go about completing your immunization series against Tetanus.
- It is normal for the arm to be sore or a slight amount of redness to be present at the sight of the shot.
- You may run a low grade fever for the next 24 hours.
- If a more severe reaction occurs, contact us or your physician or call 911.

YOU CAN VIEW THE SAME INSTRUCTIONS ABOVE AND ALSO FIND OUT MORE ABOUT US BY VISITING OUR WEBSITE:

www.flucc.com